

Café Anderson Weekly Specials: December 4th – December 8th															
	MONDAY	Price	Calories	TUESDAY	Price	Calories	WEDNESDAY	Price	Calories	THURSDAY	Price	Calories	FRIDAY	Price	Calories
HOME ZONE	Vegetable Pot Pie	\$5.19	530	Chimichurri Beef Steak	\$4.99	170	Beef Enchiladas	\$4.99	630	Tortilla Crusted Striped Pangasius	\$5.19	300	BBQ Roasted Turkey Breast	\$5.19	130
	Cheddar-Chive Mashed Potatoes	\$1.39	150	Mashed Red Potatoes	\$1.39	120	Mexi-Rice	\$1.39	130	Santa Fe Potatoes	\$1.39	170	Smoky Chipotle Mac & Cheese	\$1.39	230
	Roasted Carrots	\$1.39	60	Buttered Corn on the Cob	\$1.39	70	Southwest Green Beans	\$1.39	40	Southwestern Succotash	\$1.39	100	Collard Greens	\$1.39	45
Be Well Plate 300-600 calories \$6.19	Chicken Teriyaki	\$4.29	270	Grilled Latin Spiced Chicken	\$4.29	160	Cumin-Rubbed Pork Loin	\$4.29	150	Kung Pao Chicken	\$4.29	530	Spicy Black Bean Cake	\$4.29	170
	Vegetable Fried Brown Rice	\$1.39	130	Cilantro Lime Rice	\$1.39	120	Scallion Couscous	\$1.39	110	Coconut Jasmine Rice	\$1.39	100	Confetti Brown Rice	\$1.39	110
	Zucchini & Kale Stir-Fry	\$1.39	30	Garlic Roasted Broccoli	\$1.39	40	Cauliflower with Cumin	\$1.39	40	Broccoli & Red Pepper Stir-Fry	\$1.39	60	Mexi-Corn	\$1.39	70
POWER PLATE	Marinated Flank Steak	\$4.99	190	Pork Tenderloin	\$4.99	230	Indonesian Salmon	\$5.19	220	Turkey Meatloaf	\$4.29	260	Shrimp with Corn and Basil	\$5.19	240
	Risotto Primavera	\$1.39	260	Wild Rice and Corn Salad	\$1.39	60	Asian Pilaf	\$1.39	260	Corn and Lentil Salad	\$1.39	70	Golden Slaw	\$1.39	70
	Asparagus Salad	\$1.39	45	Garlic Broccoli & Mushrooms	\$1.39	50	Cashew Snow Peas	\$1.39	100	Green Beans & Tomatoes	\$1.39	60	Roasted Yams & Pineapples	\$1.39	180
WORLD FARE	Spicy Chicken & Portobello Penne	\$5.69	380	Argentine Meatballs	\$5.69	380	Superfood Salad	\$6.19	500	Chicken Pho	\$6.49	410	Chicken or Beef Taco Salad	\$6.49	720/750
BIBIMBAP	Chicken Bibimbap	\$6.49	410	Chicken Bibimbap	\$6.49	410	Chicken Bibimbap	\$6.49	410	Chicken Bibimbap	\$6.49	410	Chicken Bibimbap	\$6.49	410
	Beef Bibimbap	\$6.99	480	Beef Bibimbap	\$6.99	480	Beef Bibimbap	\$6.99	480	Beef Bibimbap	\$6.99	480	Beef Bibimbap	\$6.99	480
	Tofu Bibimbap	\$5.99	450	Tofu Bibimbap	\$5.99	450	Tofu Bibimbap	\$5.99	450	Tofu Bibimbap	\$5.99	450	Tofu Bibimbap	\$5.99	450
PIZZA	Sausage Pizza	\$3.29	420	Sausage Pizza	\$3.29	420	Sausage Pizza	\$3.29	420	Sausage Pizza	\$3.29	420	Sausage Pizza	\$3.29	420
	Chicken Parmesan	\$3.29	430	Chicken Parmesan	\$3.29	430	Chicken Parmesan	\$3.29	430	Chicken Parmesan	\$3.29	430	Chicken Parmesan	\$3.29	430
	Broccoli & Red Pepper Calzone	\$4.19	600	Broccoli & Red Pepper Calzone	\$4.19	600	Broccoli & Red Pepper Calzone	\$4.19	600	Broccoli & Red Pepper Calzone	\$4.19	600	Broccoli & Red Pepper Calzone	\$4.19	600
SIMMER	Chicken Double Noodle Soup	1.89-2.99	130-260	Chicken Double Noodle Soup	1.89-2.99	130-260	Chicken Double Noodle Soup	1.89-2.99	130-260	Chicken Double Noodle Soup	1.89-2.99	130-260	Chicken Double Noodle Soup	1.89-2.99	130-260
	Chili Con Carne	2.19-3.19	260-520	Turkey Chili	1.89-2.99	140-280	Italian Wedding Soup	1.89-2.99	120-250	Chicken & Wild Rice Soup	1.89-2.99	130-270	New Orleans Gumbo	2.19-3.19	220-440
	Garden Vegetable Soup	1.89-2.99	110-210	Tomato Basil Soup	1.89-2.99	140-290	Minestrone Soup	1.89-2.99	140-280	Broccoli Cheddar Soup	1.89-2.99	250-500	Lentil Soup	1.89-2.99	140-280
SIZZLE	Sriracha Grilled Chicken Sandwich	\$5.29	210	Sriracha Grilled Chicken Sandwich	\$5.29	210	Sriracha Grilled Chicken Sandwich	\$5.29	210	Sriracha Grilled Chicken Sandwich	\$5.29	210	Sriracha Grilled Chicken Sandwich	\$5.29	210
STUFFED	Spinach Pesto Melt	\$4.99	560	Spinach Pesto Melt	\$4.99	560	Spinach Pesto Melt	\$4.99	560	Spinach Pesto Melt	\$4.99	560	Spinach Pesto Melt	\$4.99	560
	Roast Beef Pretzel Panini	\$5.69	560	Roast Beef Pretzel Panini	\$5.69	560	Roast Beef Pretzel Panini	\$5.69	560	Roast Beef Pretzel Panini	\$5.69	560	Roast Beef Pretzel Panini	\$5.69	560

Menu subject to change based on product availability

Café Anderson															
Weekly Specials: December 11 th – December 15 th															
	MONDAY	Price	Calories	TUESDAY	Price	Calories	WEDNESDAY	Price	Calories	THURSDAY	Price	Calories	FRIDAY	Price	Calories
HOME ZONE	Chipotle Orange Chicken	\$4.29	390	Barley and Vegetable Ragout	\$4.29	290	BBQ Brisket	\$4.99	680	Baked Pit Ham	\$4.29	110	Kung Pao Tofu	\$4.29	260
	Confetti Brown Rice	\$1.39	110	Garlic Bread Stick	\$1.39	170	Baked Macaroni & Cheese	\$1.39	260	Sweet Potato Casserole	\$1.39	180	Veggie Lo Mein	\$1.39	150
	Lemony Sugar Snap Peas	\$1.39	35	Sauteed Kale & Spinach	\$1.39	60	Buttered Corn on the Cob	\$1.39	70	Spicy Garlic Spinach	\$1.39	45	Green Beans & Peppers	\$1.39	70
Be Well Plate 300-600 calories \$6.19	Cilantro-Lime Striped Pangasius	\$5.19	190	Turkey with Garlic Scallion Gravy	\$4.29	180	Herb-Roasted Chicken	\$4.29	350	Grilled Lemon Salmon	\$5.19	150	Honey BBQ Pork Chop	\$4.99	210
	Lemon Caper Couscous	\$1.39	110	Roasted Potatoes	\$1.39	120	Old-Fashioned Mashed Potatoes	\$1.39	120	Scallion Couscous	\$1.39	110	Spicy Sweet Potato & Corn Hash	\$1.39	110
	Seasoned Green Peas & Mushrooms	\$1.39	80	Green Beans & Carrots	\$1.39	45	Brussels Sprouts & Carrots	\$1.39	30	Green Beans Gremolada	\$1.39	60	Broccoli & Kale Stir-Fry	\$1.39	50
POWER PLATE	Artichoke Crusted Salmon	\$5.19	190	Bean & Vegetable Enchilada Casserole	\$4.29	880	Moroccan Turkey Kebabs w/ Veggies	\$5.19	310	Shrimp Stew	\$5.19	200	Greek Lamb Orzo	\$4.99	330
	Risotto Primavera	\$1.39	260	Pico de Gallo	\$1.39	25	Fruited Rice	\$1.39	200	Creole Okra	\$1.39	60	Marinated Peppers & Zucchini w/ Almonds	\$1.39	130
	Garlic Broccoli & Mushrooms	\$1.39	50	Amarillo Red Rice	\$1.39	70	Cashew Snow Peas	\$1.39	100	Spinach and Mandarin Salad	\$1.39	240	Asparagus	\$1.39	450
WORLD FARE	Beef Stroganoff Bowl	\$6.49	650	Southwest Grain Bowl	\$6.19	620	Japanese Chicken Noodle Salad	\$5.69	320	Chicken Pho	\$6.49	410	Chicken or Beef Taco Salad	\$6.49	720/750
ZOCA CAFE	Chicken Nachos	\$6.99	730	Chicken Nachos	\$6.99	730	Chicken Nachos	\$6.99	730	Chicken Nachos	\$6.99	730	Chicken Nachos	\$6.99	730
	Carne Asada Torta	\$5.79	840	Carne Asada Torta	\$5.79	840	Carne Asada Torta	\$5.79	840	Carne Asada Torta	\$5.79	840	Carne Asada Torta	\$5.79	840
	Tortilla Chips	\$1.39	280	Tortilla Chips	\$1.39	280	Tortilla Chips	\$1.39	280	Tortilla Chips	\$1.39	280	Tortilla Chips	\$1.39	280
	Pico de Gallo	\$1.39	20	Pico de Gallo	\$1.39	20	Pico de Gallo	\$1.39	20	Pico de Gallo	\$1.39	20	Pico de Gallo	\$1.39	20
PIZZA	Roasted Mushroom & Garlic Pizza	\$3.29	400	Roasted Mushroom & Garlic Pizza	\$3.29	400	Roasted Mushroom & Garlic Pizza	\$3.29	400	Roasted Mushroom & Garlic Pizza	\$3.29	400	Roasted Mushroom & Garlic Pizza	\$3.29	400
	BBQ Chicken Pizza	\$3.29	450	BBQ Chicken Pizza	\$3.29	450	BBQ Chicken Pizza	\$3.29	450	BBQ Chicken Pizza	\$3.29	450	BBQ Chicken Pizza	\$3.29	450
	Meatball Calzone	\$4.19	730	Meatball Calzone	\$4.19	730	Meatball Calzone	\$4.19	730	Meatball Calzone	\$4.19	730	Meatball Calzone	\$4.19	730
SIZZLE	Spicy Cilantro Turkey Burger	\$5.29	510	Spicy Cilantro Turkey Burger	\$5.29	510	Spicy Cilantro Turkey Burger	\$5.29	510	Spicy Cilantro Turkey Burger	\$5.29	510	Spicy Cilantro Turkey Burger	\$5.29	550
SIMMER	Chicken Double Noodle Soup	1.89-2.99	120-260	Chicken Double Noodle Soup	1.89-2.99	120-260	Chicken Double Noodle Soup	1.89-2.99	120-260	Chicken Double Noodle Soup	1.89-2.99	120-260	Chicken Double Noodle Soup	1.89-2.99	120-260
	Loaded Baked Potato	1.89-2.99	420-840	Chipotle Chicken Tortilla Soup	1.89-2.99	180-360	Garden Vegetable Soup	2.19-3.19	110-210	Chipotle Chicken Tortilla Soup	1.89-2.99	180-360	New Orleans Gumbo	2.19-3.19	220-420
	Vegetarian Chili	2.19-3.19	190-380	Garden Vegetable Soup	1.89-2.99	110-210	Chili Con Carne	2.19-3.19	260-520	Broccoli Cheddar Soup	1.89-2.99	250-500	Minestrone Soup	1.89-2.99	140-280
STUFFED	Caprese Panini	\$4.99	530	Caprese Panini	\$4.99	530	Caprese Panini	\$4.99	530	Caprese Panini	\$4.99	530	Caprese Panini	\$4.99	530
	Grilled Chicken & Bacon Melt	\$6.49	650	Grilled Chicken & Bacon Melt	\$6.49	640	Grilled Chicken & Bacon Melt	\$6.49	650	Grilled Chicken & Bacon Mel	\$6.49	650	Grilled Chicken & Bacon Mel	\$6.49	650

Menu subject to change based on product availability

Café Anderson Weekly Specials: December 18th – December 22nd															
	MONDAY	Price	Calories	TUESDAY	Price	Calories	WEDNESDAY	Price	Calories	THURSDAY	Price	Calories	FRIDAY	Price	Calories
HOME ZONE	Herb Roasted Chicken	\$4.29	350	Cauliflower Lasagna	\$4.29	420	Hearty Meatloaf with Gravy	\$4.99	280	Tortellini with Grilled Vegetables	\$4.29	560	Chicken Parmesan	\$4.29	470
	Steamed Red Potatoes	\$1.39	80	Garlic Herb Breadstick	\$1.39	170	Old-Fashioned Mashed Potatoes	\$1.39	120	Garlic Herb Breadstick	\$1.39	170	Italian Roast Potatoes	\$1.39	100
	Garlic Roasted Broccoli	\$1.39	40	Green Beans Amandine	\$1.39	60	Garlic Roasted Vegetables	\$1.39	50	Fresh Steamed Corn	\$1.39	100	Vegetable Medley	\$1.39	45
Be Well Plate 300-600 calories \$6.19	Pork Chili Verde	\$4.99	220	Beef Kofta Kabob	\$4.99	370	Turkey Cutlet Bruschetta	\$4.29	150	Szechuan Pork	\$4.99	210	Kadai Jhinga Masala	\$5.19	110
	Cilantro-Lime Brown Rice	\$1.39	140	Couscous with Raisins & Parsley	\$1.39	130	Pesto Couscous	\$1.39	200	Jasmine Rice	\$1.39	130	Basmati Rice	\$1.39	130
	Charro Beans	\$1.39	90	Cumin-Spiced Grilled Carrots	\$1.39	40	Spicy Spinach	\$1.39	15	Sweet Soy Green Beans	\$1.39	70	Indian-Spiced Cauliflower	\$1.39	90
POWER PLATE	Roasted Salmon	\$5.19	50	Chicken Jambalya	\$4.29	150	Marinated Flank Steak	\$4.99	190	Tilapia with Curry	\$5.19	150	Turkey & Rice Stuffed Pepper	\$4.29	280
	Whole Wheat Fettuccini	\$1.39	190	Skinny Hoppin John	\$1.39	70	Whole Wheat Fettuccine	\$1.39	190	Orange Rice w/ Almonds	\$1.39	190	Root Vegetable Medley	\$1.39	80
	Marinated Peppers & Zucchini w/ Almonds	\$1.39	130	Creole Okra	\$1.39	60	Lemon Rosemary Zucchini	\$1.39	40	Carrots, Zucchini & Basil	\$1.39	70	Pomegranate Salad	\$1.39	220
WORLD FARE	Pumpkin Curry Vegetable	\$5.69	270	Carnitas Corn Waffle	\$5.69	590	Brussels Sprout Kale Salad	\$5.69	510	Chicken Pho	\$6.49	410	Chicken or Beef Taco Salad	\$6.49	720/750
BBQ DISTRICT	Please check café for selection and pricing			Please check café for selection and pricing			Please check café for selection and pricing			Please check café for selection and pricing			Please check café for selection and pricing		
PIZZA	Grilled Vegetable Pizza	\$3.29	350	Grilled Vegetable Pizza	\$3.29	350	Grilled Vegetable Pizza	\$3.29	350	Grilled Vegetable Pizza	\$3.29	350	Grilled Vegetable Pizza	\$3.29	350
	Loaded Potato Pizza	\$3.29	470	Loaded Potato Pizza	\$3.29	470	Loaded Potato Pizza	\$3.29	470	Loaded Potato Pizza	\$3.29	470	Loaded Potato Pizza	\$3.29	470
	Italian Deli Calzone	\$4.19	750	Italian Deli Calzone	\$4.19	750	Italian Deli Calzone	\$4.19	750	Italian Deli Calzone	\$4.19	750	Italian Deli Calzone	\$4.19	750
SIMMER	Chicken Double Noodle Soup	1.89-2.99	130-260	Chicken Double Noodle Soup	1.89-2.99	130-260	Chicken Double Noodle Soup	1.89-2.99	130-260	Chicken Double Noodle Soup	1.89-2.99	130-260	Chicken Double Noodle Soup	1.89-2.99	130-260
	Black Bean Soup	1.89-2.99	210-410	Wild Mushroom Soup	1.89-2.99	160-330	Boston Clam Chowder	2.19-3.19	260-520	Turkey Chili	2.19-3.19	210-420	New Orleans Gumbo	2.19-3.19	220-440
	Chicken & Wild Rice Soup	1.89-2.99	130-270	Italian Wedding Soup	1.89-2.99	120-250	Black Bean Soup	1.89-2.99	210-410	Tomato Basil Soup	1.89-2.99	140-290	Vegetable Orzo Soup	1.89-2.99	100-190
SIZZLE	Tavern Burger	\$5.69	830	Tavern Burger	\$5.69	830	Tavern Burger	\$5.69	830	Tavern Turkey	\$5.69	830	Tavern Burger	\$5.69	830
STUFFED	Poblano Chicken Melt	\$6.49	550	Poblano Chicken Melt	\$6.49	550	Poblano Chicken Melt	\$6.49	550	Poblano Chicken Melt	\$6.49	650	Poblano Chicken Melt	\$6.49	550
	Cheesy Sun-dried Tomato Panini	\$4.99	520	Cheesy Sun-dried Tomato Panini	\$4.99	520	Cheesy Sun-dried Tomato Panini	\$4.99	520	Cheesy Sun-dried Tomato Panini	\$4.99	520	Cheesy Sun-dried Tomato Panini	\$4.99	520

Menu subject to change based on product availability

Café Anderson

Daily Offerings

Sizzle

A large variety of all-American favorites fresh off the grill
Look for new weekly grilled specials

Grab and Go

Assorted pre-made items
Sandwiches, salads, sushi rolls, hummus, fruit cups, and parfaits
Assorted snacks
Chips, cookies, and cakes

Stuffed

Build Your Own Sandwich
Choose from a variety of breads, meats, cheeses, toppings & spreads
Look for our new weekly sandwich specials

Tossed

Build Your Own Salad
Choose from a variety of greens, protein, nuts, legumes, fruits, vegetables, and salad dressings
Salads priced per ounce

Pizza

Classics like cheese pizza and pepperoni pizza available daily.
Look for new weekly pizza specials

Chick-Fil-A

A variety of Chick-Fil-A favorites



Café Anderson,
Main Building Rose Zone, Level 1
Manager: Ameeth Raju, ext. 4-5000

HOURS OF OPERATION
Monday-Friday 6:00 AM – 8:30 PM
Saturday-Sunday 7:00 AM – 7:30 PM

*For more information, visit **DINING SERVICES** on the intranet*